

# Mental Health Support in Edmonton

Alberta  
24 hour Mental  
Health Helpline:  
1-877-303-2642

24- hour  
Kids Help Phone:  
1-800-668-6868

Addictions  
Helpline:  
1-866-332-2322

Child Abuse  
Hotline  
780-387-KIDS  
(4357)

Canadian Mental Health  
Association: 24 hour Crisis  
Line

1-800-232-7288  
780-482-HELP (4357)

Text4Hope:  
text  
Covid19Hope to  
393939

Reach out for support...  
someone is there to  
listen.

